

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cornelis Evy HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY MIXED 10-9			Heat:1, starttime: 14:00
Heat: 1/1 Lane : 1 Athlete: VAN DER MEEREN NORA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 1: 50M BUTTERFLY MIXED 10-9			Heat:1, starttime: 14:00
Heat: 1/1 Lane : 3 Athlete: VAN DE GUCHT TIBO			Q-time: 00:50:13
PB (25m pool): 00:50.13 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:50.13 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:50.13	
	00:50.13		
			

Coach feedback:

Event number: 1: 50M BUTTERFLY MIXED 10-9			Heat:1, starttime: 14:00
Heat: 1/1 Lane : 4 Athlete: DE MESMAEKER LINO			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 1: 50M BUTTERFLY MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/1 Lane : 5 Athlete: VAN LAER MILLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M						
PB		no time						
	no time							
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 2 Athlete: VANSTECHELMAN LUCAS							Q-time: 05:18:91	
PB (25m pool): 05:18.91 4053 - Embourg 18/05/2025				PB (50m pool): 05:26.54SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.52		01:16.74		no time		no time
	00:34.52		00:42.22					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:18.91
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 5 Athlete: DELCOIGNE NATHAN							Q-time: 05:25:84	
PB (25m pool): 05:25.84 LEUVEN. 22/02/2026			PB (50m pool): 05:38.05SB: 05:25.84 LEUVEN. 22/02/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.66		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:25.84
								

Coach feedback:

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Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/6 Lane : 1 Athlete: DE PRATER ELINE							Q-time: 03:49:29	
PB (25m pool): 03:49.29 Braine l Alleud 05/04/2026				PB (50m pool): no time SB: 03:49.29 Braine l Alleud 05/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.26		01:51.33		02:50.40		03:49.29
	00:52.26		00:59.07		00:59.07		00:58.89	
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/6 Lane : 2 Athlete: VERMEIR JOSEFIEN							Q-time: 03:42:97	
PB (25m pool): 03:42.97 LEUVEN 21/12/2025				PB (50m pool): 04:00.94 SB: 03:42.97 LEUVEN 21/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.23		01:52.46		02:47.98		03:42.97
	00:54.23		00:58.23		00:55.52		00:54.99	
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/6 Lane : 3 Athlete: VERMOESEN ESTée							Q-time: 03:39:06	
PB (25m pool): 03:39.06 LEUVEN. 22/02/2026				PB (50m pool): 03:46.63 SB: 03:39.06 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.06		01:44.14		no time		03:39.06
	00:49.06		00:55.08					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 14:25	
Heat: 3/6 Lane : 1 Athlete: DELCOIGNE ELLA							Q-time: 03:37:32	
PB (25m pool): 03:37.32 LEUVEN. 22/02/2026				PB (50m pool): 03:42.50 SB: 03:37.32 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.42		01:43.91		no time		03:37.32
	00:48.42		00:55.49					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/6 Lane : 5 Athlete: VAN CAMBERG ELENA							Q-time: 03:18:32	
PB (25m pool): 03:18.32 Liedekerke 01/05/2025				PB (50m pool): 03:24.43 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.16		01:34.99		no time		03:18.32
	00:45.16		00:49.83					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 14:35	
Heat: 5/6 Lane : 4 Athlete: WYFFELS LOUISE MARIE							Q-time: 03:12:57	
PB (25m pool): 03:12.57 LEUVEN. 22/02/2026				PB (50m pool): 03:26.26SB: 03:12.57 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.49		01:32.43		no time		03:12.57
	00:43.49		00:48.94					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 14:35	
Heat: 5/6 Lane : 5 Athlete: NDIAYE MAï							Q-time: 03:13:21	
PB (25m pool): 03:13.21 Braine l Alleud 05/04/2026				PB (50m pool): 03:51.06SB: 03:13.21 Braine l Alleud 05/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.26		01:32.22		02:22.52		03:13.21
	00:43.26		00:48.96		00:50.30		00:50.69	
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 14:35	
Heat: 6/6 Lane : 2 Athlete: DE PRATER JUNO							Q-time: 03:00:95	
PB (25m pool): 03:00.95 LEUVEN. 22/02/2026				PB (50m pool): 03:11.54 SB: 03:00.95 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.78		01:27.05		no time		03:00.95
	00:40.78		00:46.27					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:45	
Heat: 1/1 Lane : 2 Athlete: DE MESMAEKER LINO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:45	
Heat: 1/1 Lane : 3 Athlete: VAN DE GUCHT TIBO							Q-time: 03:09:62	
PB (25m pool): 03:09.62 Tienen 26/10/2025			PB (50m pool): no time SB: 03:09.62 Tienen 26/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.60		01:32.48		no time		03:09.62
	00:42.60		00:49.88					
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:45	
Heat: 1/1 Lane : 4 Athlete: VAN DER MEEREN NORA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 6: 200M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:45	
Heat: 1/1 Lane : 5 Athlete: VAN LAER MILLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:10	
Heat: 5/8 Lane : 3 Athlete: VAN DER MEIREN WILLIAM							Q-time: 03:22:13	
PB (25m pool): 03:22.13 Overijse 29/11/2025				PB (50m pool): no time SB: 03:22.13 Overijse 29/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.01		01:40.74		no time		03:22.13
	00:48.01		00:52.73					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 15:15	
Heat: 6/8 Lane : 3 Athlete: VERHASSELT LARS							Q-time: 02:48:56	
PB (25m pool): 02:48.56 Vilvoorde 01/03/2026				PB (50m pool): 03:17.83 SB: 02:48.56 Vilvoorde 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.02		01:22.44		no time		02:48.56
	00:39.02		00:43.42					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 15:15	
Heat: 6/8 Lane : 5 Athlete: VANDEPITTE KYAN							Q-time: 02:55:39	
PB (25m pool): 02:55.39 Vilvoorde 01/03/2026				PB (50m pool): 03:07.49 SB: 02:55.39 Vilvoorde 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.20		01:26.87		no time		02:55.39
	00:42.20		00:44.67					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 15:15	
Heat: 6/8 Lane : 6 Athlete: JACQUEMYNS LEWIS							Q-time: 03:16:91	
PB (25m pool): 03:16.91 Braine l Alleud 05/04/2026				PB (50m pool): 03:38.01 SB: 03:16.91 Braine l Alleud 05/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.68		01:35.93		02:27.60		03:16.91
	00:45.68		00:50.25		00:51.67		00:49.31	
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 1 Athlete: VANSTECHELMAN LUCAS							Q-time: 02:34:28	
PB (25m pool): 02:33.96 Overijse 30/11/2024				PB (50m pool): 02:49.86SB: 02:34.28 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.40		01:15.56		no time		02:33.96
	00:36.40		00:39.16					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 2 Athlete: TRONCKOE KOBE							Q-time: 02:30:31	
PB (25m pool): 02:30.31 Vilvoorde 01/03/2026				PB (50m pool): 02:35.25 SB: 02:30.31 Vilvoorde 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.90		01:14.03		no time		02:30.31
	00:34.90		00:39.13					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 6 Athlete: DELCOIGNE NATHAN							Q-time: 02:35:59	
PB (25m pool): 02:35.59 Zaventem 15/07/2025				PB (50m pool): 02:42.35 SB: 02:37.01 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.56		01:16.04		no time		02:35.59
	00:36.56		00:39.48					
								

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+										Heat:3, starttime: 15:30	
Heat: 3/7 Lane : 4 Athlete: DE PRATER ELINE										Q-time: 00:41:10	
PB (25m pool): 00:40.31 Kapelle-op-den-Bos 19/04/2026					PB (50m pool): no time SB: 00:40.31 Kapelle-op-den-Bos 19/04/2026						
	2 5 M		5 0 M								
PB			00:40.31								
			00:40.31								
											

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:35
Heat: 5/7 Lane : 2 Athlete: DE WILDE HANNE			Q-time: 00:34:15
PB (25m pool): 00:34.15 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:35.63 SB: 00:34.15 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:34.15	
		00:34.15	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 15:35
Heat: 5/7 Lane : 3 Athlete: DELCOIGNE ELLA			Q-time: 00:33:52
PB (25m pool): 00:33.14 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: 00:33.14 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:33.14	
		00:33.14	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:35
Heat: 6/7 Lane : 2 Athlete: VANMOL PHOEBE			Q-time: 00:32:23
PB (25m pool): 00:31.76 Overijse 30/11/2024			PB (50m pool): 00:33.18 SB: 00:32.50 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:31.76	
		00:31.76	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:35
Heat: 6/7 Lane : 3 Athlete: NDIAYE MAÏ			Q-time: 00:31:98
PB (25m pool): 00:31.01 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:33.54 SB: 00:31.01 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:31.01	
		00:31.01	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:35
Heat: 6/7 Lane : 5 Athlete: VERMOESEN ESTÉE			Q-time: 00:32:39
PB (25m pool): 00:32.48 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.39 SB: 00:32.48 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:32.48	
		00:32.48	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 15:35
Heat: 6/7 Lane : 6 Athlete: TRONCKOE BENTE			Q-time: 00:33:19
PB (25m pool): 00:33.58 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:33.19 SB: 00:33.58 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	
PB		00:33.58	
		00:33.58	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 15:35
Heat: 7/7 Lane : 1 Athlete: DE PRATER JUNO			Q-time: 00:31:86
PB (25m pool): 00:31.46 Overijse 30/11/2024			PB (50m pool): 00:31.52 SB: 00:31.86 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:31.46	
		00:31.46	
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 15:35
Heat: 7/7 Lane : 2 Athlete: WYFFELS LOUISE MARIE			Q-time: 00:31:40
PB (25m pool): 00:31.40 LEUVEN. 22/02/2026			PB (50m pool): 00:31.56 SB: 00:31.40 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:31.40	
		00:31.40	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 15:55
Heat: 2/5 Lane : 3 Athlete: JACQUEMYNS LEWIS			Q-time: 00:50:22
PB (25m pool): 00:52.90 Liedekerke 01/05/2025			PB (50m pool): 00:50.22 SB: no time
	2 5 M	5 0 M	
PB		00:52.90	
		00:52.90	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:00
Heat: 4/5 Lane : 5 Athlete: DE MESMAEKER LOANN			Q-time: 00:34:87
PB (25m pool): 00:34.99 Braine l Alleud 05/04/2026			PB (50m pool): 00:34.87 SB: 00:34.99 Braine l Alleud 05/04/2026
	2 5 M	5 0 M	
PB		00:34.99	
		00:34.99	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 16:05
Heat: 3/5 Lane : 1 Athlete: VERMEIR JOSEFIEN			Q-time: 00:41:94
PB (25m pool): 00:41.94 LEUVEN. 22/02/2026			PB (50m pool): 00:44.91 SB: 00:41.94 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:41.94	
		00:41.94	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 16:05
Heat: 4/5 Lane : 2 Athlete: TRONCKOE BENTE			Q-time: 00:37:31
PB (25m pool): 00:44.74 4053 - Embourg 18/05/2025			PB (50m pool): 00:37.31 SB: no time
	2 5 M	5 0 M	
PB		00:44.74	
		00:44.74	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 16:05
Heat: 4/5 Lane : 3 Athlete: DE WILDE HANNE			Q-time: 00:36:09
PB (25m pool): 00:52.07 Overijse 30/11/2024			PB (50m pool): 00:36.09 SB: no time
	2 5 M	5 0 M	
PB		00:52.07	
		00:52.07	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 16:10
Heat: 5/5 Lane : 5 Athlete: VAN CAMBERG ELENA			Q-time: 00:32:71
PB (25m pool): 00:32.71 Leuven 12/10/2025			PB (50m pool): 00:33.76 SB: 00:32.71 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:32.71	
		00:32.71	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 16:10
Heat: 5/5 Lane : 6 Athlete: VANMOL PHOEBE			Q-time: 00:35:89
PB (25m pool): 00:34.47 Overijse 30/11/2024			PB (50m pool): 00:36.39 SB: 00:35.89 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:34.47	
		00:34.47	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:20
Heat: 3/5 Lane : 3 Athlete: DE MESMAEKER LOANN			Q-time: 00:33:51
PB (25m pool): 00:33.01 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:33.92 SB: 00:33.01 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:33.01	
		00:33.01	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:20
Heat: 3/5 Lane : 4 Athlete: VANDEPITTE KYAN			Q-time: 00:34:36
PB (25m pool): 00:35.35 Dilbeek 11/05/2025			PB (50m pool): 00:34.36 SB: 00:35.51 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:35.35	
		00:35.35	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:20
Heat: 4/5 Lane : 1 Athlete: VERHASSELT LARS			Q-time: 00:32:83
PB (25m pool): 00:31.75 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.83 SB: 00:31.75 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:31.75	
		00:31.75	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:25
Heat: 5/5 Lane : 2 Athlete: TRONCKOE KOBE			Q-time: 00:27:96
PB (25m pool): 00:27.06 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.34 SB: 00:27.06 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:27.06	
		00:27.06	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:25
Heat: 5/5 Lane : 3 Athlete: VANSTECHELMAN LUCAS			Q-time: 00:26:67
PB (25m pool): 00:26.87 Leuven 12/10/2025			PB (50m pool): 00:26.67 SB: 00:26.87 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:26.87	
		00:26.87	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 15: 50M FREESTYLE MEN 11+							Heat:5, starttime: 16:25		
Heat: 5/5 Lane : 5 Athlete: DELCOIGNE NATHAN							Q-time: 00:28:26		
PB (25m pool): 00:28.26 LEUVEN. 22/02/2026				PB (50m pool): 00:29.96SB: 00:28.26 LEUVEN. 22/02/2026					
	2 5 M		5 0 M						
PB			00:28.26						
	00:28.26								
									

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:40	
Heat: 4/7 Lane : 4 Athlete: VERMOESEN ESTÉE							Q-time: 03:07:47	
PB (25m pool): 03:07.47 Ternat 14/12/2025				PB (50m pool): 03:26.76SB: 03:07.47 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.20		01:31.75		no time		03:07.47
	00:44.20		00:47.55					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:45	
Heat: 5/7 Lane : 2 Athlete: DELCOIGNE ELLA							Q-time: 03:02:77	
PB (25m pool): 03:02.77 LEUVEN. 22/02/2026				PB (50m pool): 03:06.14 SB: 03:02.77 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.63		01:29.61		no time		03:02.77
	00:42.63		00:46.98					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:45	
Heat: 5/7 Lane : 4 Athlete: VANMOL PHOEBE							Q-time: 03:00:57	
PB (25m pool): 02:54.45 Dilbeek 08/05/2022				PB (50m pool): 03:02.72SB: 03:04.11 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:54.45
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:45	
Heat: 5/7 Lane : 6 Athlete: VERMEIR JOSEFIEN							Q-time: 03:06:92	
PB (25m pool): 03:06.92 Vilvoorde 01/03/2026				PB (50m pool): 03:12.92SB: 03:06.92 Vilvoorde 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.80		01:31.95		no time		03:06.92
	00:44.80		00:47.15					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:50	
Heat: 6/7 Lane : 1 Athlete: NDIAYE MAï							Q-time: 02:51:80	
PB (25m pool): 02:51.80 LEUVEN. 22/02/2026				PB (50m pool): 03:04.16SB: 02:51.80 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.11		01:24.15		no time		02:51.80
	00:41.11		00:43.04					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 5 Athlete: WYFFELS LOUISE MARIE							Q-time: 02:42:27	
PB (25m pool): 02:45.68 Ternat 14/12/2025				PB (50m pool): 02:42.27 SB: 02:45.68 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.84		01:19.85		no time		02:45.68
	00:37.84		00:42.01					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 6 Athlete: VAN CAMBERG ELENA							Q-time: 02:43:91	
PB (25m pool): 02:43.91 Dilbeek 11/05/2025				PB (50m pool): 02:48.85 SB: 02:51.67 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.43		01:19.71		no time		02:43.91
	00:38.43		00:41.28					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 16:55	
Heat: 1/4 Lane : 3 Athlete: JACQUEMYNS LEWIS							Q-time: 04:00:64	
PB (25m pool): 04:01.35 Vilvoorde 23/03/2025				PB (50m pool): 04:00.64 SB: 04:05.90 Sint-Amandsberg 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:54.92		01:58.63		no time		04:01.35
	00:54.92		01:03.71					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 16:55	
Heat: 1/4 Lane : 5 Athlete: VAN DER MEIREN WILLIAM							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 17:00	
Heat: 2/4 Lane : 3 Athlete: TRONCKOE KOBE							Q-time: 03:21:94	
PB (25m pool): 03:21.94 Vilvoorde 23/03/2025				PB (50m pool): 03:55.09SB: 03:22.82 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.19		01:36.07		no time		03:21.94
	00:45.19		00:50.88					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 17:00	
Heat: 2/4 Lane : 4 Athlete: VANDEPITTE KYAN							Q-time: 03:27:20	
PB (25m pool): 03:27.20 Vilvoorde 01/03/2026			PB (50m pool): 03:39.11 SB: 03:27.20 Vilvoorde 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:47.70		01:40.73		no time		03:27.20
	00:47.70		00:53.03					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:05	
Heat: 3/4 Lane : 3 Athlete: DE MESMAEKER LOANN							Q-time: 03:08:63	
PB (25m pool): 03:08.63 Braine l Alleud 05/04/2026				PB (50m pool): 03:08.35SB: 03:08.63 Braine l Alleud 05/04/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.16		01:30.97		02:20.40		03:08.63
	00:42.16		00:48.81		00:49.43		00:48.23	
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:05	
Heat: 3/4 Lane : 5 Athlete: VERHASSELT LARS							Q-time: 03:10:84	
PB (25m pool): 03:10.84 LEUVEN. 22/02/2026				PB (50m pool): 03:18.69SB: 03:10.84 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.33		01:32.60		no time		03:10.84
	00:43.33		00:49.27					
								

Coach feedback:

Event number: 18: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 17:15	
Heat: 1/2 Lane : 2 Athlete: DE WILDE HANNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: DDAT

Event number: 18: 400M MEDLEY WOMEN 11+							Heat:1, starttime: 17:15	
Heat: 1/2 Lane : 5 Athlete: TRONCKOE BENTE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: